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EASTERN ILLINOIS UNIVERSITY
Charleston, Illinois

news

ART TATE, Assistant Director, University Relations
Office: (217) 581-5983 - Home: (217) 348-7553

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FOR IMMEDIATE RELEASE:

CLASSES OFFERED

CHARLESTON, IL--Eastern Illinois University's School of Adult and Continuing Education will offer several Spring Community Service classes beginning this month.

An Aquatic Range of Motion class will be offered on Mondays and Wednesdays from 7:00-8:00 p.m. in the Buzzard pool, beginning January 18. The course, which can be beneficial for individuals who wish to get in better shape and/or lose weight, is for adults who are interested in participating in a low impact exercise class. Participants do not need to know how to swim. Trish Colbert will be the instructor.

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ADD 1/1/1/1

CLASSES OFFERED

Allen Messenger will offer "How to Start and Build Your Own Business" on April 4 and 6 from 6:30-9:30 p.m. This course will help individuals determine the type of business that is right for them and how to find the strategic starting point. The class will also cover how to develop a marketing plan, how to cut the risks, why most new businesses fail and how to look for resources for start up and growth.

"Seeing with a Camera" will be offered on two Saturdays, April 8 and April 15, from 2:00-4:00 p.m. The course, taught by Elizabeth Schaeffer, is designed to help participants learn what to look for in nature that would make a good picture on film. Participants should bring a loaded camera with them, as some of the class time will be spent working outside and shooting pictures. Examples will also be shown.

On April 11 and 18 from 6:30-8:00 p.m. "Adults Teaching Adults" will be offered. Dr. William Hine, Dean of the School of Adult and Continuing Education, will teach the course, which can be helpful for people involved in teaching adults in formal and informal settings such as education, business, church, government, etc. According to Dean Hine, adults bring different perspectives, needs and demands to the learning environment and class participants will discuss successful ways to teach them.

For further information or to register for any of the classes, call the Eastern Illinois University School of Adult and Continuing Education at (217) 581-5114.